



# *Lemon Poppy Seed Muffins*

## Pre-Make before I get there

Peel 4 white sweet potatoes

## Other Ingredients

2 ripe bananas

1 lemon

## Spices

Poppy Seeds

## Directions:

Preheat oven to 350 degrees. Separate large chunks out of sweet potato pulp. Mix all ingredients together in a large mixing bowl and press into muffin tins. Bake for ½ hour until firm on top. Serve.

